

Таблица коэффициентов конвертации для пожизненных пенсий мужчин (выплата раз в год)

Возраст полных лет на дату назначения пенсии / гарантированный период	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
20	56,286	56,286	56,286	56,287	56,289	56,29	56,293	56,296	56,3	56,304	56,31	56,316	56,323	56,332	56,341	56,352	56,365	56,378	56,394	56,411	56,429
21	55,307	55,307	55,308	55,308	55,31	55,312	55,315	55,318	55,322	55,327	55,333	55,34	55,348	55,358	55,368	55,38	55,393	55,408	55,425	55,443	55,464
22	54,33	54,33	54,331	54,332	54,333	54,335	54,338	54,342	54,347	54,352	54,359	54,367	54,375	54,386	54,397	54,41	54,424	54,441	54,459	54,479	54,501
23	53,356	53,356	53,356	53,357	53,359	53,362	53,365	53,369	53,374	53,38	53,387	53,396	53,405	53,416	53,429	53,443	53,459	53,476	53,496	53,517	53,541
24	52,384	52,384	52,384	52,385	52,387	52,39	52,394	52,398	52,404	52,411	52,418	52,428	52,438	52,45	52,463	52,479	52,496	52,515	52,536	52,559	52,584
25	51,414	51,414	51,415	51,416	51,418	51,421	51,425	51,43	51,436	51,444	51,452	51,462	51,473	51,486	51,501	51,517	51,536	51,556	51,579	51,604	51,631
26	50,448	50,448	50,448	50,45	50,452	50,455	50,46	50,465	50,472	50,48	50,489	50,5	50,512	50,526	50,542	50,559	50,579	50,601	50,625	50,652	50,681
27	49,483	49,483	49,484	49,485	49,488	49,492	49,496	49,502	49,509	49,518	49,528	49,539	49,553	49,568	49,585	49,604	49,625	49,649	49,675	49,703	49,735
28	48,521	48,521	48,522	48,524	48,527	48,53	48,536	48,542	48,55	48,559	48,57	48,582	48,596	48,613	48,631	48,651	48,674	48,699	48,727	48,758	48,793
29	47,562	47,562	47,563	47,565	47,568	47,572	47,578	47,585	47,593	47,603	47,615	47,628	47,643	47,661	47,681	47,702	47,727	47,754	47,784	47,818	47,855
30	46,606	46,606	46,607	46,609	46,612	46,617	46,623	46,63	46,639	46,65	46,663	46,677	46,693	46,712	46,733	46,757	46,783	46,812	46,845	46,881	46,922
31	45,652	45,652	45,653	45,655	45,659	45,664	45,67	45,678	45,688	45,7	45,713	45,728	45,746	45,766	45,789	45,814	45,842	45,874	45,909	45,949	45,994
32	44,701	44,701	44,702	44,705	44,709	44,714	44,721	44,73	44,74	44,752	44,767	44,783	44,802	44,824	44,848	44,875	44,906	44,94	44,979	45,022	45,071
33	43,753	43,753	43,755	43,757	43,762	43,767	43,775	43,784	43,795	43,808	43,824	43,842	43,862	43,885	43,911	43,94	43,973	44,011	44,053	44,101	44,155
34	42,808	42,808	42,809	42,812	42,817	42,823	42,831	42,841	42,853	42,867	42,884	42,903	42,924	42,949	42,977	43,009	43,045	43,087	43,133	43,186	43,245
35	41,866	41,866	41,868	41,871	41,876	41,882	41,891	41,901	41,914	41,929	41,947	41,967	41,991	42,017	42,048	42,083	42,123	42,168	42,219	42,277	42,342
36	40,927	40,927	40,928	40,932	40,937	40,944	40,953	40,964	40,978	40,994	41,013	41,035	41,06	41,09	41,123	41,162	41,206	41,255	41,312	41,375	41,447
37	39,99	39,99	39,992	39,996	40,001	40,009	40,018	40,031	40,045	40,062	40,083	40,107	40,134	40,166	40,203	40,246	40,294	40,349	40,411	40,481	40,56
38	39,057	39,057	39,059	39,063	39,069	39,077	39,087	39,1	39,116	39,134	39,157	39,183	39,213	39,248	39,289	39,335	39,389	39,449	39,518	39,596	39,683
39	38,127	38,127	38,129	38,133	38,139	38,148	38,159	38,173	38,19	38,21	38,234	38,263	38,296	38,335	38,38	38,432	38,491	38,557	38,633	38,719	38,815
40	37,2	37,2	37,202	37,206	37,213	37,222	37,234	37,249	37,267	37,29	37,316	37,348	37,385	37,428	37,478	37,535	37,6	37,674	37,757	37,852	37,957
41	36,276	36,276	36,278	36,282	36,29	36,299	36,312	36,329	36,349	36,373	36,403	36,438	36,479	36,527	36,582	36,645	36,717	36,799	36,891	36,995	37,111
42	35,355	35,355	35,357	35,362	35,37	35,38	35,394	35,412	35,435	35,462	35,495	35,534	35,58	35,633	35,694	35,764	35,843	35,933	36,035	36,149	36,276

43	34,436	34,436	34,439	34,444	34,453	34,464	34,48	34,5	34,525	34,556	34,592	34,636	34,686	34,745	34,813	34,89	34,978	35,078	35,19	35,315	35,455
44	33,522	33,522	33,524	33,53	33,54	33,553	33,57	33,593	33,621	33,655	33,696	33,744	33,801	33,866	33,941	34,027	34,124	34,234	34,357	34,494	34,648
45	32,61	32,61	32,613	32,619	32,63	32,645	32,665	32,69	32,722	32,76	32,806	32,86	32,923	32,995	33,078	33,173	33,28	33,401	33,536	33,687	33,855
46	31,708	31,708	31,712	31,719	31,731	31,748	31,77	31,799	31,834	31,877	31,928	31,988	32,057	32,138	32,23	32,334	32,452	32,585	32,733	32,898	33,081
47	30,816	30,816	30,82	30,829	30,842	30,861	30,886	30,918	30,957	31,005	31,062	31,128	31,205	31,294	31,395	31,51	31,64	31,785	31,947	32,127	32,326
48	29,935	29,935	29,94	29,949	29,964	29,985	30,013	30,049	30,093	30,146	30,208	30,282	30,367	30,465	30,576	30,702	30,844	31,002	31,179	31,375	31,592
49	29,065	29,065	29,07	29,081	29,098	29,121	29,153	29,192	29,241	29,299	29,368	29,449	29,543	29,65	29,773	29,91	30,065	30,238	30,431	30,644	30,878
50	28,207	28,207	28,212	28,224	28,243	28,269	28,304	28,348	28,402	28,466	28,542	28,632	28,734	28,852	28,986	29,136	29,305	29,493	29,702	29,933	30,187
51	27,361	27,361	27,367	27,38	27,401	27,43	27,469	27,517	27,576	27,647	27,731	27,829	27,942	28,07	28,216	28,38	28,564	28,769	28,995	29,244	29,518
52	26,527	26,527	26,534	26,548	26,572	26,604	26,646	26,7	26,765	26,843	26,935	27,042	27,165	27,306	27,465	27,643	27,843	28,064	28,309	28,578	28,873
53	25,706	25,706	25,714	25,73	25,755	25,791	25,838	25,896	25,968	26,054	26,155	26,272	26,406	26,559	26,732	26,926	27,142	27,381	27,645	27,935	28,252
54	24,899	24,899	24,907	24,925	24,953	24,992	25,044	25,108	25,187	25,281	25,391	25,519	25,665	25,831	26,019	26,229	26,462	26,72	27,005	27,316	27,656
55	24,105	24,105	24,114	24,134	24,165	24,208	24,265	24,335	24,421	24,524	24,644	24,783	24,942	25,122	25,326	25,552	25,804	26,083	26,388	26,722	27,086
56	23,325	23,325	23,335	23,357	23,391	23,439	23,5	23,578	23,672	23,783	23,914	24,065	24,238	24,433	24,653	24,898	25,169	25,468	25,796	26,154	26,543
57	22,56	22,56	22,572	22,595	22,633	22,685	22,752	22,837	22,939	23,061	23,203	23,367	23,554	23,765	24,002	24,266	24,557	24,878	25,229	25,611	26,025
58	21,81	21,81	21,822	21,849	21,89	21,946	22,02	22,112	22,224	22,356	22,51	22,688	22,89	23,118	23,373	23,656	23,969	24,313	24,688	25,095	25,533
59	21,075	21,075	21,089	21,118	21,162	21,224	21,305	21,405	21,526	21,67	21,837	22,029	22,247	22,493	22,767	23,071	23,406	23,773	24,173	24,604	25,067
60	20,356	20,356	20,371	20,403	20,451	20,519	20,607	20,715	20,847	21,002	21,183	21,39	21,625	21,89	22,184	22,51	22,868	23,259	23,682	24,138	24,627
61	19,653	19,653	19,67	19,704	19,757	19,831	19,926	20,044	20,186	20,355	20,55	20,773	21,026	21,31	21,625	21,973	22,355	22,77	23,217	23,698	24,211
62	18,966	18,966	18,984	19,022	19,08	19,16	19,263	19,391	19,545	19,727	19,937	20,177	20,449	20,753	21,091	21,462	21,866	22,305	22,777	23,282	23,82
63	18,296	18,296	18,316	18,357	18,42	18,507	18,619	18,757	18,924	19,12	19,346	19,604	19,896	20,221	20,58	20,974	21,402	21,864	22,36	22,89	23,452
64	17,644	17,644	17,665	17,71	17,778	17,872	17,994	18,143	18,323	18,534	18,777	19,054	19,366	19,713	20,094	20,511	20,962	21,448	21,968	22,522	23,108
65	17,008	17,008	17,032	17,08	17,154	17,256	17,387	17,549	17,743	17,969	18,231	18,527	18,86	19,228	19,631	20,071	20,545	21,055	21,599	22,176	22,787
66	16,391	16,391	16,416	16,468	16,549	16,659	16,801	16,975	17,184	17,427	17,707	18,023	18,376	18,766	19,192	19,654	20,152	20,685	21,252	21,853	22,487
67	15,792	15,792	15,819	15,876	15,963	16,082	16,235	16,423	16,647	16,908	17,206	17,542	17,916	18,327	18,775	19,26	19,781	20,337	20,927	21,552	22,209
68	15,211	15,211	15,241	15,302	15,396	15,525	15,69	15,892	16,132	16,411	16,728	17,084	17,478	17,911	18,381	18,888	19,431	20,01	20,624	21,271	21,951
69	14,649	14,649	14,681	14,748	14,85	14,989	15,166	15,383	15,639	15,935	16,271	16,647	17,062	17,516	18,008	18,537	19,103	19,705	20,341	21,011	21,712
70	14,106	14,106	14,142	14,213	14,323	14,473	14,664	14,895	15,168	15,482	15,836	16,232	16,667	17,142	17,656	18,207	18,796	19,42	20,078	20,77	21,492
71	13,584	13,584	13,622	13,699	13,818	13,979	14,183	14,429	14,718	15,049	15,422	15,837	16,293	16,789	17,324	17,897	18,508	19,154	19,834	20,547	21,29
72	13,081	13,081	13,122	13,206	13,334	13,506	13,723	13,983	14,288	14,636	15,028	15,462	15,939	16,455	17,012	17,607	18,239	18,906	19,608	20,341	21,104

73	12,6	12,6	12,644	12,735	12,871	13,054	13,283	13,558	13,878	14,244	14,654	15,108	15,604	16,141	16,719	17,335	17,988	18,677	19,399	20,152	20,934
74	12,14	12,14	12,188	12,284	12,429	12,622	12,863	13,152	13,488	13,871	14,299	14,772	15,288	15,846	16,444	17,081	17,755	18,464	19,205	19,978	20,779
75	11,702	11,702	11,753	11,855	12,007	12,21	12,463	12,765	13,117	13,516	13,962	14,454	14,989	15,567	16,186	16,843	17,538	18,266	19,027	19,818	20,637
76	11,274	11,274	11,328	11,435	11,595	11,808	12,073	12,39	12,757	13,174	13,638	14,149	14,704	15,303	15,942	16,62	17,334	18,082	18,862	19,671	20,507
77	10,855	10,855	10,912	11,025	11,193	11,417	11,695	12,026	12,41	12,844	13,327	13,857	14,433	15,052	15,711	16,409	17,143	17,911	18,709	19,535	20,387
78	10,445	10,445	10,505	10,624	10,801	11,036	11,327	11,674	12,074	12,526	13,028	13,579	14,175	14,814	15,494	16,212	16,965	17,751	18,567	19,411	20,278
79	10,044	10,044	10,107	10,232	10,419	10,665	10,97	11,332	11,75	12,22	12,742	13,312	13,929	14,588	15,289	16,027	16,799	17,603	18,437	19,296	20,178
80	9,651	9,651	9,718	9,849	10,045	10,304	10,623	11,002	11,437	11,926	12,468	13,058	13,695	14,375	15,095	15,853	16,644	17,466	18,315	19,189	20,085
81	9,266	9,266	9,336	9,475	9,681	9,952	10,286	10,681	11,134	11,643	12,205	12,816	13,473	14,173	14,913	15,69	16,499	17,338	18,203	19,091	20
82	8,889	8,889	8,962	9,108	9,325	9,609	9,958	10,37	10,842	11,371	11,952	12,584	13,262	13,982	14,742	15,537	16,363	17,218	18,098	19	19
83	8,518	8,518	8,595	8,749	8,976	9,274	9,639	10,069	10,56	11,108	11,71	12,362	13,06	13,801	14,579	15,392	16,236	17,106	18	18	18
84	8,152	8,152	8,235	8,396	8,635	8,946	9,328	9,776	10,286	10,855	11,477	12,15	12,868	13,628	14,425	15,255	16,115	17	17	17	17
85	7,793	7,793	7,879	8,049	8,299	8,626	9,024	9,491	10,021	10,61	11,253	11,946	12,684	13,463	14,278	15,125	16	16	16	16	16
86	7,437	7,437	7,528	7,707	7,97	8,311	8,727	9,212	9,762	10,372	11,036	11,749	12,507	13,305	14,137	15	15	15	15	15	15
87	7,084	7,084	7,181	7,369	7,644	8,001	8,435	8,939	9,51	10,14	10,825	11,558	12,335	13,151	14	14	14	14	14	14	14
88	6,733	6,733	6,835	7,033	7,321	7,694	8,146	8,671	9,262	9,913	10,618	11,371	12,167	13	13	13	13	13	13	13	13
89	6,382	6,382	6,489	6,697	6,999	7,389	7,86	8,404	9,016	9,688	10,413	11,186	12	12	12	12	12	12	12	12	12
90	6,027	6,027	6,14	6,359	6,676	7,083	7,573	8,138	8,77	9,463	10,208	11	11	11	11	11	11	11	11	11	11
91	5,668	5,668	5,787	6,016	6,348	6,773	7,283	7,868	8,522	9,235	10	10	10	10	10	10	10	10	10	10	10
92	5,299	5,299	5,424	5,666	6,013	6,456	6,986	7,592	8,267	9	9	9	9	9	9	9	9	9	9	9	9
93	4,916	4,916	5,048	5,302	5,665	6,127	6,677	7,305	8	8	8	8	8	8	8	8	8	8	8	8	8
94	4,514	4,514	4,653	4,919	5,299	5,781	6,351	7	7	7	7	7	7	7	7	7	7	7	7	7	7
95	4,084	4,084	4,231	4,51	4,907	5,408	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6
96	3,616	3,616	3,771	4,064	4,479	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
97	3,095	3,095	3,259	3,567	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
98	2,505	2,505	2,677	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
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Таблица коэффициентов конвертации для пожизненных пенсий женщин (выплата раз в год)

Возраст полных лет на дату назначения пенсии / гарантированный период	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
20	62,504	62,504	62,504	62,504	62,504	62,505	62,506	62,507	62,508	62,509	62,511	62,513	62,515	62,517	62,520	62,523	62,527	62,531	62,535	62,540	62,545
21	61,512	61,512	61,512	61,512	61,512	61,513	61,514	61,515	61,516	61,518	61,520	61,522	61,524	61,527	61,529	61,533	61,537	61,541	61,545	61,551	61,556
22	60,521	60,521	60,521	60,521	60,522	60,522	60,523	60,524	60,526	60,527	60,529	60,531	60,534	60,537	60,540	60,543	60,547	60,552	60,557	60,563	60,569
23	59,530	59,530	59,530	59,530	59,531	59,531	59,532	59,534	59,535	59,537	59,539	59,541	59,544	59,547	59,550	59,554	59,559	59,563	59,569	59,575	59,581
24	58,540	58,540	58,540	58,540	58,541	58,541	58,542	58,544	58,545	58,547	58,549	58,552	58,555	58,558	58,562	58,566	58,571	58,576	58,582	58,588	58,595
25	57,550	57,550	57,550	57,550	57,551	57,552	57,553	57,554	57,556	57,558	57,560	57,563	57,566	57,570	57,574	57,578	57,583	57,589	57,595	57,602	57,610
26	56,561	56,561	56,561	56,561	56,562	56,563	56,564	56,566	56,567	56,570	56,572	56,575	56,578	56,582	56,586	56,591	56,597	56,603	56,610	56,617	56,625
27	55,572	55,572	55,572	55,573	55,573	55,574	55,576	55,577	55,579	55,581	55,584	55,587	55,591	55,595	55,600	55,605	55,611	55,617	55,625	55,633	55,642
28	54,584	54,584	54,584	54,585	54,585	54,586	54,588	54,590	54,592	54,594	54,597	54,600	54,604	54,609	54,614	54,620	54,626	54,633	54,641	54,650	54,659
29	53,597	53,597	53,597	53,598	53,598	53,600	53,601	53,603	53,605	53,608	53,611	53,615	53,619	53,624	53,629	53,635	53,642	53,650	53,658	53,668	53,678
30	52,611	52,611	52,611	52,611	52,612	52,613	52,615	52,617	52,619	52,622	52,626	52,630	52,634	52,639	52,645	52,652	52,659	52,668	52,677	52,687	52,698
31	51,624	51,624	51,625	51,625	51,626	51,628	51,629	51,632	51,634	51,637	51,641	51,645	51,650	51,656	51,662	51,669	51,677	51,686	51,696	51,707	51,720
32	50,639	50,639	50,640	50,640	50,641	50,643	50,645	50,647	50,650	50,653	50,657	50,662	50,667	50,673	50,680	50,688	50,696	50,706	50,717	50,729	50,742
33	49,655	49,655	49,656	49,656	49,657	49,659	49,661	49,663	49,667	49,670	49,674	49,679	49,685	49,692	49,699	49,707	49,717	49,727	49,739	49,752	49,767
34	48,672	48,672	48,672	48,673	48,674	48,676	48,678	48,681	48,684	48,688	48,693	48,698	48,704	48,711	48,719	48,728	48,738	48,750	48,763	48,777	48,794
35	47,690	47,690	47,690	47,691	47,692	47,694	47,696	47,699	47,703	47,707	47,712	47,718	47,725	47,732	47,741	47,751	47,762	47,774	47,788	47,804	47,823
36	46,708	46,708	46,709	46,710	46,711	46,713	46,716	46,719	46,723	46,727	46,733	46,739	46,746	46,754	46,764	46,774	46,786	46,800	46,816	46,834	46,855
37	45,728	45,728	45,729	45,730	45,731	45,733	45,736	45,739	45,744	45,749	45,754	45,761	45,769	45,778	45,788	45,800	45,813	45,828	45,846	45,867	45,890
38	44,749	44,749	44,750	44,751	44,752	44,755	44,758	44,761	44,766	44,771	44,778	44,785	44,794	44,803	44,814	44,827	44,842	44,859	44,879	44,903	44,929
39	43,771	43,771	43,772	43,773	43,775	43,777	43,780	43,784	43,789	43,795	43,802	43,810	43,819	43,830	43,842	43,857	43,873	43,893	43,916	43,942	43,973
40	42,795	42,795	42,795	42,796	42,798	42,801	42,804	42,809	42,814	42,820	42,828	42,837	42,847	42,858	42,872	42,888	42,907	42,930	42,956	42,986	43,021
41	41,819	41,819	41,820	41,821	41,823	41,826	41,830	41,835	41,841	41,847	41,855	41,865	41,876	41,889	41,905	41,923	41,945	41,970	42,000	42,034	42,074
42	40,845	40,845	40,846	40,847	40,850	40,853	40,857	40,862	40,868	40,876	40,885	40,895	40,908	40,923	40,941	40,962	40,986	41,015	41,049	41,089	41,134
43	39,873	39,873	39,874	39,875	39,878	39,881	39,886	39,891	39,898	39,906	39,916	39,928	39,942	39,959	39,980	40,004	40,032	40,065	40,104	40,149	40,201
44	38,902	38,902	38,903	38,905	38,907	38,911	38,916	38,922	38,929	38,938	38,950	38,963	38,980	38,999	39,022	39,050	39,082	39,120	39,165	39,216	39,276
45	37,933	37,933	37,934	37,936	37,938	37,942	37,948	37,954	37,963	37,973	37,986	38,001	38,020	38,043	38,069	38,101	38,138	38,182	38,233	38,291	38,359
46	36,965	36,965	36,966	36,968	36,971	36,976	36,981	36,989	36,998	37,010	37,025	37,043	37,065	37,091	37,121	37,158	37,200	37,250	37,308	37,375	37,452

47	36,000	36,000	36,001	36,003	36,006	36,011	36,018	36,026	36,037	36,051	36,068	36,089	36,114	36,143	36,179	36,221	36,270	36,327	36,393	36,469	36,557
48	35,036	35,036	35,037	35,039	35,043	35,049	35,056	35,066	35,079	35,095	35,115	35,139	35,167	35,202	35,243	35,291	35,347	35,412	35,487	35,574	35,673
49	34,074	34,074	34,075	34,078	34,082	34,089	34,098	34,109	34,124	34,143	34,166	34,193	34,227	34,267	34,313	34,368	34,433	34,507	34,593	34,691	34,804
50	33,114	33,114	33,116	33,119	33,124	33,132	33,142	33,156	33,173	33,195	33,222	33,254	33,292	33,338	33,392	33,455	33,528	33,613	33,710	33,822	33,949
51	32,161	32,161	32,163	32,167	32,173	32,182	32,194	32,210	32,230	32,256	32,286	32,323	32,368	32,420	32,482	32,554	32,637	32,733	32,843	32,969	33,113
52	31,215	31,215	31,217	31,222	31,229	31,240	31,254	31,272	31,296	31,325	31,360	31,403	31,454	31,514	31,584	31,666	31,760	31,869	31,993	32,135	32,296
53	30,278	30,278	30,280	30,285	30,294	30,306	30,322	30,344	30,371	30,405	30,445	30,494	30,552	30,620	30,700	30,793	30,900	31,022	31,162	31,321	31,499
54	29,348	29,348	29,351	29,357	29,367	29,381	29,400	29,425	29,456	29,495	29,541	29,597	29,663	29,741	29,831	29,936	30,056	30,194	30,351	30,527	30,725
55	28,428	28,428	28,432	28,439	28,450	28,466	28,488	28,517	28,553	28,596	28,649	28,713	28,788	28,876	28,978	29,096	29,232	29,386	29,560	29,755	29,972
56	27,519	27,519	27,522	27,531	27,544	27,562	27,588	27,620	27,661	27,711	27,771	27,843	27,928	28,027	28,142	28,275	28,426	28,598	28,790	29,005	29,243
57	26,620	26,620	26,624	26,633	26,648	26,670	26,699	26,736	26,782	26,839	26,907	26,988	27,084	27,196	27,326	27,474	27,642	27,831	28,043	28,279	28,539
58	25,732	25,732	25,737	25,748	25,765	25,789	25,822	25,864	25,917	25,981	26,059	26,150	26,258	26,384	26,528	26,693	26,879	27,087	27,319	27,576	27,860
59	24,856	24,856	24,862	24,874	24,894	24,922	24,959	25,007	25,067	25,139	25,227	25,330	25,451	25,592	25,752	25,934	26,138	26,366	26,620	26,899	27,207
60	23,994	23,994	24,001	24,015	24,037	24,069	24,111	24,165	24,233	24,315	24,413	24,529	24,664	24,820	24,997	25,197	25,420	25,669	25,945	26,248	26,581
61	23,146	23,146	23,153	23,169	23,195	23,231	23,279	23,340	23,416	23,508	23,618	23,748	23,898	24,069	24,264	24,482	24,727	24,997	25,296	25,624	25,983
62	22,313	22,313	22,321	22,339	22,368	22,409	22,463	22,532	22,617	22,721	22,844	22,987	23,153	23,341	23,554	23,792	24,058	24,351	24,674	25,028	25,414
63	21,495	21,495	21,505	21,525	21,558	21,604	21,665	21,742	21,838	21,954	22,090	22,248	22,430	22,636	22,868	23,127	23,414	23,732	24,080	24,460	24,874
64	20,695	20,695	20,706	20,729	20,765	20,817	20,886	20,973	21,080	21,208	21,358	21,531	21,729	21,954	22,206	22,486	22,797	23,139	23,513	23,921	24,363
65	19,912	19,912	19,924	19,950	19,992	20,050	20,127	20,224	20,342	20,483	20,647	20,837	21,053	21,296	21,569	21,872	22,207	22,574	22,975	23,411	23,883
66	19,148	19,148	19,162	19,192	19,238	19,304	19,390	19,497	19,627	19,780	19,960	20,166	20,400	20,664	20,958	21,284	21,644	22,038	22,466	22,931	23,433
67	18,405	18,405	18,421	18,454	18,506	18,579	18,673	18,791	18,933	19,101	19,295	19,519	19,772	20,056	20,373	20,724	21,109	21,530	21,987	22,482	23,014
68	17,683	17,683	17,700	17,737	17,795	17,876	17,979	18,107	18,262	18,444	18,655	18,896	19,169	19,475	19,815	20,190	20,602	21,051	21,537	22,062	22,625
69	16,983	16,983	17,003	17,044	17,107	17,195	17,307	17,446	17,614	17,810	18,038	18,298	18,591	18,919	19,284	19,685	20,124	20,601	21,117	21,672	22,266
70	16,307	16,307	16,329	16,373	16,442	16,537	16,658	16,809	16,989	17,201	17,446	17,725	18,040	18,391	18,780	19,207	19,674	20,180	20,726	21,312	21,938
71	15,645	15,645	15,668	15,716	15,791	15,893	16,025	16,187	16,382	16,610	16,873	17,173	17,510	17,885	18,300	18,755	19,250	19,787	20,363	20,981	21,638
72	14,996	14,996	15,022	15,074	15,155	15,266	15,408	15,583	15,793	16,038	16,321	16,642	17,002	17,403	17,845	18,328	18,853	19,420	20,028	20,677	21,365
73	14,362	14,362	14,390	14,446	14,534	14,654	14,807	14,996	15,222	15,486	15,789	16,133	16,518	16,945	17,415	17,928	18,483	19,081	19,721	20,401	21,120
74	13,742	13,742	13,772	13,833	13,928	14,058	14,224	14,428	14,671	14,954	15,279	15,647	16,058	16,512	17,011	17,554	18,140	18,770	19,441	20,152	20,901
75	13,136	13,136	13,169	13,235	13,338	13,478	13,657	13,877	14,138	14,442	14,790	15,183	15,621	16,104	16,633	17,207	17,824	18,485	19,187	19,929	20,708
76	12,545	12,545	12,580	12,653	12,764	12,915	13,109	13,345	13,626	13,952	14,324	14,743	15,209	15,722	16,281	16,886	17,535	18,227	18,960	19,732	20,539
77	11,968	11,968	12,007	12,085	12,206	12,369	12,578	12,832	13,134	13,483	13,880	14,327	14,822	15,365	15,955	16,591	17,272	17,995	18,758	19,559	20,393
78	11,407	11,407	11,449	11,534	11,664	11,841	12,065	12,339	12,662	13,036	13,460	13,934	14,459	15,033	15,655	16,323	17,035	17,789	18,581	19,408	20,268

79	10,860	10,860	10,906	10,998	11,139	11,330	11,571	11,865	12,211	12,610	13,062	13,566	14,122	14,727	15,381	16,080	16,823	17,606	18,426	19,279	20,162
80	10,328	10,328	10,378	10,478	10,630	10,836	11,096	11,411	11,782	12,208	12,688	13,223	13,809	14,446	15,132	15,862	16,635	17,446	18,293	19,170	20,073
81	9,811	9,811	9,865	9,973	10,138	10,360	10,640	10,978	11,374	11,827	12,338	12,903	13,521	14,190	14,907	15,668	16,469	17,308	18,178	19,077	20,000
82	9,309	9,309	9,367	9,485	9,663	9,902	10,202	10,564	10,987	11,470	12,010	12,607	13,257	13,958	14,706	15,496	16,325	17,188	18,082	19,000	19,000
83	8,822	8,822	8,885	9,012	9,204	9,462	9,784	10,171	10,622	11,134	11,706	12,335	13,017	13,749	14,527	15,345	16,200	17,087	18,000	18,000	18,000
84	8,348	8,348	8,417	8,554	8,762	9,039	9,385	9,798	10,278	10,821	11,425	12,086	12,800	13,562	14,368	15,214	16,092	17,000	17,000	17,000	17,000
85	7,888	7,888	7,963	8,112	8,336	8,634	9,004	9,445	9,955	10,530	11,165	11,858	12,603	13,395	14,229	15,099	16,000	16,000	16,000	16,000	16,000
86	7,442	7,442	7,523	7,684	7,926	8,246	8,642	9,112	9,653	10,259	10,927	11,652	12,427	13,248	14,107	15,000	15,000	15,000	15,000	15,000	15,000
87	7,008	7,008	7,096	7,271	7,531	7,874	8,298	8,798	9,370	10,009	10,709	11,465	12,269	13,117	14,000	14,000	14,000	14,000	14,000	14,000	14,000
88	6,586	6,586	6,682	6,871	7,151	7,519	7,971	8,502	9,106	9,777	10,510	11,295	12,128	13,000	13,000	13,000	13,000	13,000	13,000	13,000	13,000
89	6,175	6,175	6,278	6,483	6,784	7,178	7,660	8,222	8,859	9,563	10,327	11,141	12,000	12,000	12,000	12,000	12,000	12,000	12,000	12,000	12,000
90	5,772	5,772	5,885	6,106	6,430	6,851	7,363	7,958	8,628	9,364	10,158	11,000	11,000	11,000	11,000	11,000	11,000	11,000	11,000	11,000	11,000
91	5,377	5,377	5,499	5,738	6,086	6,536	7,080	7,708	8,410	9,178	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000	10,000
92	4,986	4,986	5,119	5,376	5,750	6,230	6,806	7,467	8,202	9,000	9,000	9,000	9,000	9,000	9,000	9,000	9,000	9,000	9,000	9,000	9,000
93	4,595	4,595	4,739	5,017	5,418	5,930	6,539	7,233	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000	8,000
94	4,201	4,201	4,357	4,657	5,086	5,630	6,273	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000	7,000
95	3,794	3,794	3,964	4,288	4,746	5,323	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000	6,000
96	3,366	3,366	3,551	3,899	4,389	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000
97	2,902	2,902	3,103	3,477	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000	4,000
98	2,379	2,379	2,597	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000	3,000

Пожизненная пенсия для мужчин и женщин раз в месяц = $\text{Пожизненная пенсия для мужчин и женщин раз в год} / 12$

Пожизненная пенсия для мужчин и женщин раз в квартал = $\text{Пожизненная пенсия для мужчин и женщин раз в год} / 4$

Пожизненная пенсия для мужчин и женщин раз в полугодие = $\text{Пожизненная пенсия для мужчин и женщин раз в год} / 2$

Таблица коэффициентов конвертации для срочных пенсий

Срок пенсии, полных лет/ Периодичность	Ежемесячно	Ежеквартально	Раз в полгода	Раз в год
5	60	20	10	5
6	72	24	12	6
7	84	28	14	7
8	96	32	16	8
9	108	36	18	9
10	120	40	20	10
11	132	44	22	11
12	144	48	24	12
13	156	52	26	13
14	168	56	28	14
15	180	60	30	15
16	192	64	32	16
17	204	68	34	17
18	216	72	36	18
19	228	76	38	19
20	240	80	40	20
21	252	84	42	21
22	264	88	44	22
23	276	92	46	23
24	288	96	48	24
25	300	100	50	25
26	312	104	52	26
27	324	108	54	27
28	336	112	56	28
29	348	116	58	29
30	360	120	60	30

1. Пример расчета ежеквартальной пожизненной пенсии мужчине возраста 65 полных лет с гарантированным периодом 5 лет исходя из суммы на ИПС $S = 100\,000$ рублей.

Коэффициент конвертации K составляет согласно таблице 17,256

Пожизненная пенсия для мужчин раз в квартал = Пожизненная пенсия для мужчин раз в год / 4 = $S / K / 4 = 100\,000 / 17,256 / 4 = 1\,448,77$

2. Пример расчета ежеквартальной срочной пенсии с периодом 5 лет исходя из суммы на ИПС $S = 100\,000$ рублей.

Коэффициент конвертации K составляет согласно таблице 20

Срочная пенсия раз в квартал = $S / K = 100\,000 / 20 = 5\,000$ рублей

Основные понятия и обозначения:

ИПС – индивидуальный пенсионный счет

S – сумма на ИПС

K - коэффициент конвертации суммы на ИПС в негосударственную пенсию